# Ubuntu LiveCD • Retrieving Vista | Windows 7 Data Files

**INSERT UBUNTU LIVECD AND TURN ON YOUR PC**
when the desktop has loaded proceed to STEP 1

**STEP 1**
click Places menu | choose Computer

**STEP 2**
click File | choose New Tab | or press Ctrl+T

**STEP 3**
Now you have TWO window panes to use for File management

**STEP 4**
Locate your Vista | Windows 7 HDD | Right-Click and choose Open

**STEP 5**
Locate your Windows Files or Folders you wish to Save

**STEP 6**
Select your Files or Folders using Click, Shift-Click and Control+Click schemes

**STEP 7**
Right-Click on selected Files or Folders | choose COPY

**STEP 8**
Click the Tab to switch back to your USB device | external USB HDD or USB Thumbdrive

**STEP 9**
Right-Click | choose PASTE

**STEP 10**
For additional Files and Folders | Repeat STEPS 5 through 9

**DOWNLOAD LINKS**

Ubuntu LiveCD ISO - FAST noFuss download
http://happyharry.net/apps/ubuntu.livecd.iso

Deepburner ISO burning software - FAST noFuss download
http://HappyHarry.NET/apps/DeepBurner1.exe

How To Burn ISO Using Deepburner - FAST noFuss Help Video
http://HappyHarry.NET/apps/burn_iso.wmv

Copying Files Using Ubuntu LiveCD - FAST noFuss PDF
http://happyharry.net/ubuntu.livecd.pdf

**NOTE**
You can only copy data files and folders. This would include photos, video clips, music, clip-art, Microsoft Word & Excel files, text files, PDF files. Installed programs will not work properly after being copied. However, portable applications may be copied.

happyharry.net
**FAST noFUSS PDF**
10|05|09| 10:38 PM PST | GMT-9